



Stephane Richer Community Presentation

~ overcoming depression, empowering people ~



Friday January 9, 2015 - 7pm

LOCATION CHANGE: NOW AT THE E.P.R. CENTRE

Open to the community ~ Free admission

Mr. Stephane Richer is touted as being one of the most prolific players in Montreal Canadiens history and has had a magnificent career in the game of hockey.

Outside of the game he overcame some personal challenges and shares his story to hopefully help assist you in reaching out and seeking help and becoming empowered.

We invite you to come and listen to his story, and there will also be time for a Q & A Session after his presentation.



Les Anciens Canadiens
de Montréal

Montreal Canadiens
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Chris Nilan School Presentation

~ Bullying : signs & seeking help ~



Friday January 9, 2015 - 10:40am
Delores D Echum Composite School
Open to the community ~ Free admission

Mr. Chris Nilan is considered one of hockey's toughest enforcers to ever play the game. On the ice he provided strength & toughness and off the ice he was a natural leader whom his team mates respected.

Chris shares his story on dealing with bullying and how to help those in need. He also empowers youth in believing in the power of dreams and making it happen.

We invite you to come and listen to his story, and there will also be time for a Q & A Session after his presentation.



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