



Pathways to Healing Conference

“Connecting to our Spirit”

February 27th - March 3rd, 2017 @ The EPR Centre



Monday, February 27th, 2017



6:00 pm Early Bird Registration & Meet and Greet @ EPR

Keynote Speakers and Presentations by:

Mervin & Carol Cheechoo

Arlene Faries

Cathy Richardson

Jules Tapas

Alex Thornton

Darryl Tonemah

Norm & Jean Wesley

Kathy Cheechoo



Watch out for more information on the Presenters and their Presentations!

Self Care

Sweat Lodge conducted by Arlene Faries

One on One Appointments with Karen McNaughton

Massage and/or Footsoaks with Frank & Julie Ozawagosh

Aromatherapy Massage Treatments & Deep Tissue Massage Treatments

with Joanne Cheechoo

Medicine Making/Teachings with Patricia Toulouse



Live Music Entertainment

Friday, March 3rd, 2017

7:00 pm - 10:00 pm

@ The Thomas Cheechoo Jr. Memorial Complex

Featuring Lawrence Martin & Vern Cheechoo

Darryl Tonemah

and Country Mayhem



There will be a Food Sale hosted by DDECS Grade 8 Grad of 2017



Thank you to the following organizations for your support and for making this event happen:



Language & Cultural Program



Health Department



Traditional Healing Program

Moose Cree Healing Centre

Moose Factory Island District Area School Board





Pathways to Healing Conference

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February 27th - March 3rd, 2017 @ The EPR Centre

Monday, February 27th, 2017

- 11:00 am - Community Engagement Session - Indigenous Victims Services @ EPR Conference (Lunch will be provided)
- 1:30 pm A Consultation and Review of the Needs of Indigenous Victim Services in Ontario is being conducted on behalf of the Aboriginal Justice Division of the Ministry of the Attorney General. Jenny Restoule-Mallozzi and Wendy Johnson, independent consultants, are overseeing the Review.
- 2:00 pm **Sweat Lodge Ceremony @ 19 Veteran's Road Conducted by Arlene Faries @ her Sweat Lodge**
- 6:00 pm Early Bird Registration



Sponsored by:

Health Services
Language & Cultural Program



Moose Factory Island District School Area Board

Moose Cree Healing Centre

Tuesday, February 28th, 2017

- 8:00 am - Registration
- 8:30 am Welcome & Opening Remarks - **MC Lawrence Martin**
 - Opening Prayer by Pauline Rickard
 - Opening Drum Song - Kane Alisappi
- 9:00 am - “Sharpening your Child’s Spirit”
- 10:15 am with Mervin & Carol Cheechoo
- 10:15 am - **HEALTH BREAK**
- 10:30 am
- 10:30 am - **Land-Based Healing** with Jules Tapas
- 11:45 am
- 12:00 pm **LUNCH with Special Guest Speaker Kathy Cheechoo**
- 1:00 pm “Teaching on “Feasting”
- 1:15 pm- “Wellness from Youngerhood to Elderhood”
- 2:30 pm with Darryl Tonemah
- 2:30 pm- **HEALTH BREAK**
- 2:45 pm
- 2:45 pm- continuation with Darryl Tonemah
- 4:15 pm
- 6:00 pm- “The Epigenetic of Toxic Stress: How Residential Schooling and Trauma affects the Health of the Cree Nation”
- 7:15 pm with Alex Thornton
- 7:15 pm- **HEALTH BREAK**
- 7:30 pm
- 7:30 pm- continuation with Alex Thornton
- 9:00 pm



Wednesday, March 1st, 2017

- 9:00 am - “Celebrating Dignity & Resistance in Recovery from Violence: An introduction to Response Based Practice”
- 10:15 am with Cathy Richardson
- 10:15 am - **HEALTH BREAK**
- 10:30 am
- 10:30 am continuation with Cathy Richardson
- 11:45 am
- 12:00 pm **LUNCH with Special Guest Speaker Mervin Cheechoo**
- 1:00 pm “My Journey of Connection”
- 1:15 pm- “The Neuroscience of Well Being: Why the Authentic Cree Lifestyle builds the Best Brains” with Alex Thornton
- 2:30 pm
- 2:30 pm- **HEALTH BREAK**
- 2:45 pm
- 2:45 pm- “PTSD/Trauma Survivors” with Jules Tapas
- 4:15 pm
- 6:00 pm- “Dealing to Healin”
- 7:15 pm with Darryl Tonemah
- 7:15 pm- **HEALTH BREAK**
- 7:30 pm
- 7:15 pm- continuation with Darryl Tonemah
- 9:00 pm



Diane Kinney, Reflexologist
Sessions @ 19B Veterans Road
Tuesday, February 28th - Friday, March 3rd
More Information to follow

Karen McNaughton - One on One Appointments
@ EPR Suites
Beginning Monday, February 27th contact Gail Tomatuk
@ 705-658-4619 ext. 316 to schedule an appointment.
Effective Tuesday morning you can call 705-658-2926 to book an appointment for the remainder of the week

Thursday, March 2nd, 2017

- 9:00 am - “Connecting to our Roots and Spiritual Connection”
- 10:15 am with Jules Tapas
- 10:15 am - **HEALTH BREAK**
- 10:30 am
- 10:30 am “The Impact of Exercise and Sleep on Learning & Behavior “
- 11:45 am - 1 of 2 part workshop Alex Thornton
- 12:00 pm **LUNCH with Special Guest Darryl Tonemah**
- 1:00 pm “My Circle of Wellness”
- 1:15 pm- “Response Based Interviewing”
- 2:30 pm with Cathy Richardson
- 2:30 pm- **HEALTH BREAK**
- 2:45 pm
- 2:45 pm- “The Blanket Exercise”
- 4:15 pm with Norm and Jean Wesley
- 6:00 pm- “Becoming a Healthy Connected Parent: Spiritually, Emotionally, Mentally and Physically”
- 7:15 pm with Mervin & Carol Cheechoo
- 7:15 pm- **HEALTH BREAK**
- 7:30 pm
- 7:30 pm- continuation with Mervin and Carol Cheechoo
- 9:00 pm



Friday, March 3rd, 2017

- 9:00 am - “The Strength in Our Stories”
- 10:15 am with Darryl Tonemah
- 10:15 am - **HEALTH BREAK**
- 10:30 am
- 10:30 am “Response Based Interviewing (Repeat)”
- 11:45 am with Cathy Richardson
- 12:00 pm **LUNCH with Guest Speaker Alex Thornton**
- 1:00 pm “The Impact of Exercise and Sleep on Learning & Behavior” part 2
- 1:15 pm- “Detox/Addictions” with Jules Tapas
- 2:30 pm
- 2:30 pm- **HEALTH BREAK**
- 2:45 pm
- 2:45 pm- “Healthy Connections”
- 4:15 pm with Mervin and Carol Cheechoo
- 5:15 pm Potluck Feast with Special Guest Speaker Arlene Faries
- “Connecting to our Spirit”
- Closing Prayer by Rev. Norm Wesley
- Closing Drum - Kane Alisappi
- 7:00 pm **Music Entertainment** by Lawrence Martin, Vern Cheechoo
- 10:00 pm Darryl Tonemah and Country Mayhem
- @ The TCJMC



Food Sale happening during Entertainment

Patricia Toulouse, Medicine Lady
Presentations/Workshops @ Moose Cree Healing Centre
Tuesday, February 28th - Friday, March 3rd
Limited Seats Available

Joanne Cheechoo
Aromatherapy Massage Treatments and Deep Tissue Massage Treatments
Limited Space
Beginning Monday, February 27th contact Warren Kapashesit
@ 705-658-4619 ext. 301
to book your appointment.