



Moose Cree
First Nation



Grief Edu-Therapy™ Healing Broken Hearts

Grief is the normal human response to loss and the Edu-Therapy™ process of grief resolution is recognized as one of the most effective programs for dealing with the pain caused by loss and the grief that is often created by conflict within our relations.

Moose Cree Health Services would like to invite you to participate in the upcoming Grief Edu-Therapy™ program for individuals dealing with significant emotional loss. There are over 60 life experiences that have the potential to create sad or negative emotional responses. Left unresolved the cumulative effects of these experiences reduce our ability to participate in relationships and our lives. Participation in the 8 session program will resolve the conflicting emotions caused by loss and enhance your ability to participate fully in your life and relationships. Whether you are dealing with a loss due to a death, the ending of a relationship, loss of trust or safety or wish to enhance your relationships with a spouse, co-worker, friend or child, contact us by phone or email for an individual discussion on how grief resolution will enhance your life.

Tuesday November 26, 2013

10:30 a.m. – 12:00 Noon

Traditional Healer Programs Room

Weeneebayko General Hospital

- **Ages 16 and up**
- **Accepting the first eight (8) registrations**
- **Facilitated by: Christina Delaney-Linklater and Joy-Anne Cheechoo, Grief Edu-Therapy Specialists**

To register, please contact Christina Delaney-Linklater at (705)-658-4220 ext. 27 or by email at christina.linklater@moosecree.com, or Joy-Anne Cheechoo at (705)-658-4619 ext. 283 or by email at joy-anne.cheechoo@moosecree.com