



Aromatherapy Massage Treatments and
Deep Tissue Massage Treatments
with Joanne Cheechoo
@ Cree Village Eco-Lodge

Wednesday, August 2nd - Friday, August 4th, 2017

Limited Space



*Beginning Monday, July 31st please contact:
Gail Tomatuk @ 705-365-7190 to schedule an
appointment.*

Joanne Cheechoo lives in the beautiful city of London, Ontario and works with many of the surrounding First Nations. She has been in the holistic field since 1998. She has the pleasure of working with children, teens, adults and seniors specializing in Aromatherapy Massage. Her background is in the counseling field. She is a graduate from D'Arcy Lane Institute for Massage Therapy and received the Excellence Award. She is also a graduate from The Sutton Institute for Preventative Medicine. She has her Reiki Degree 1, 2, 3 Master and is a Certified Hot Stone Therapist and a Certified Infant Massage Instructor. She has Therapeutic Touch Levels, I, II, III and has knowledge in the philosophy of the following disciplines of Iridology, Nutrition, Herb-ology, Chinese Medicine, Chiropractic and Reflexology. She is a trained Doula and does prenatal massage and has Certifications for Spa Therapies and teaches Aromatherapy Workshops.

Sweat Lodge Ceremony

Conductor: Arlene Faries

Thursday, August 3rd, 2017

6:00 pm

**@ Arlene Faries Sweat Lodge
19 Veterans Road**

Protocol:

**Bring own gear - towel / facecloth
- long cotton skirts for women**

Optional / Offerings

- tobacco (for prayers for self/family/etc)**
- broad cloth (2 metres)**
- handful of berries**

Duration is about 1 to 2 hrs.



Health Services



Skirt Making



with



Bea Echum Cheena

@ the John R. Delaney Youth Centre

Fabric, ribbon, thread and sewing machines available!



- ✂ Wednesday, August 2nd: 2:00 pm—4:00 pm
- ✂ Thursday, August 3rd: 2:00 pm—4:00 pm
- ✂ Friday, August 4th: 2:00 pm—4:00 pm



Moose Cree Health Services &

Healthy Babies/Healthy Children Worker Program

