

Update on Community Pandemic Operations Moose Factory

Issued By: Moose Factory Public Health Centre
Date: Thursday, December 17, 2009
Time: 1:00 p.m.
Update: # 22 (Final for this Pandemic Operation)

Pandemic Severity Level

Our Community Emergency Pandemic Plan has been downgraded and deactivated to normal community influenza level, based on the following:

- **No recent positive H1N1 Flu cases received from the laboratory;**
- **H1N1 Flu has been monitored for the required 4 week period;**
- **Student absenteeism in our local schools and patients treated with flu like symptoms at the WGH continue to remain within normal range.**

Christmas Holiday Gatherings and the Seasonal Flu

Our community is experiencing a high number of seasonal flu cases and we want everyone to enjoy family time during the holiday season. With all the travelling that comes with the holiday season there will be a high level of flu activity over the holidays. The flu situation can be best managed through the following health prevention practices.

- **Wash/sanitize our hands properly and frequently.**
- **Cough and sneeze into our sleeve.**
- **Stay home when you're sick.**
- **Keep commonly touched surfaces clean.**
- **Talk to a health professional when we have flu like symptoms.**
- **Seriously think about getting the seasonal flu vaccine.**

Health Prevention Practices continues to be our best protection!

Wishing You All Best Wishes for the Holiday Season

To everyone, the Pandemic Emergency Control Group takes this opportunity to say "Thank You Very Much" for your support and cooperation during our community health crisis. With caution, we can say that our collective efforts proved to be successful in managing the H1N1 Pandemic and we are most grateful for this. We now wish everyone a Safe and Healthy Holiday Season.

Again, thank you for your prayers and Merry Christmas Everyone!